

Butterhead Kitchen Vegan Passover & Easter Tastes w/ Exeter Community Library The Shopping List

Spring 2021

Produce

4 large carrots 10-20 leaves fresh mint (dried is ok if you can't find fresh) fresh parsley garlic clove or ½ tsp minced garlic from a jar 2 lemons

Spices/Herbs

course salt fine salt pepper cinnamon paprika cumin

Baking

organic brown sugar

1 ¼ cups vegan chocolate chips (Enjoy Life brand is the perfect sized vegan chocolate chip or a cheaper option is Wegmans store brand which will need to be pulsed in a food processor to make them smaller)

Nuts/Seeds

³/₄ cup roasted & salted almonds, chopped or lightly pulsed in food processor

Canned

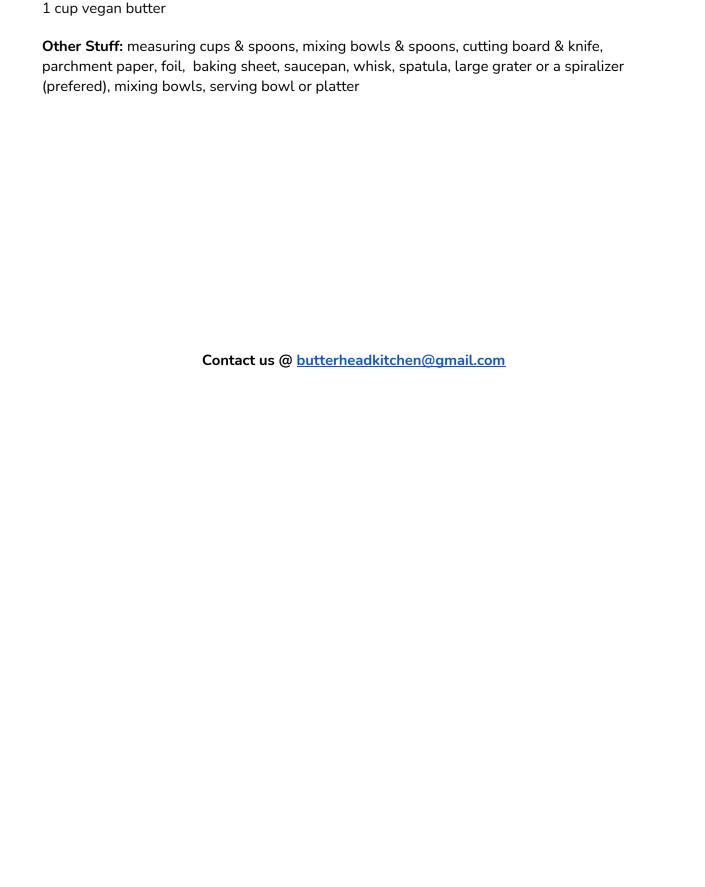
Pantry

6 pieces unsalted matzos (make sure it does not contain egg. gluten free option is fine) raisins

quinoa (pre-cook 1 cup prior to class following directions on package..expands to about 3-4 cups once cooked, cool)

olive oil

agave (can sub with maple syrup)



Cold