This booklist consists of titles acknowledging Native peoples’ histories and contemporary lives. Included are various books for children, young adults, adults, and families.

Book descriptions listed in this booklist are gathered from the Berks County Public Libraries’ catalog. All titles are part of the countywide catalog and can be checked out at any of our 23 locations or online at www.berkslibraries.org.

Books for Early Readers

**Sweetest Kulu** by Celina Kalluk, Alexandria Neonakis (2019)
An Inuit mother sings to her Kulu—or baby—about animals and other elements in their Arctic world and the gifts they bring to the child, from the summer sun’s warm light to Arctic hare’s love, muskox’s power, and caribou’s patience.

**Grandmother’s Dreamcatcher** by Becky R. McCain, Stacey Schuett (1998)
While spending a week with her grandmother who, like her is a Chippewa Indian, Kimmy learns to make a dreamcatcher which allows the sleeper to have only sweet dreams.

**Sharice’s Big Voice: A Native Kid Becomes a Congresswoman** by Sharice Davids, Joshua Mangeshig Pawis-Steckley (Illustrator), Nancy K. Mays (2021)
This inspiring picture book autobiography tells the remarkable story of Sharice Davids, one of the first Native American women elected to Congress and the first LGBTQ congressperson to represent Kansas.

**We Are Water Protectors** by Carole Lindstrom, Michaela Goade (Illustrator) (2020)
Water is the first medicine. It affects and connects us all... When a black snake threatens to destroy the Earth and poison her people’s water, one young water protector takes a stand to defend Earth’s most sacred resource. Inspired by the many indigenous-led movements across North America, this bold and lyrical picture book issues an urgent rallying cry to safeguard the Earth’s water from harm and corruption.

**Fry Bread: A Native American Family Story** by Kevin Noble Maillard, Juana Martinez-Neal (Illustrator) (2019)
Using illustrations that show the diversity in Native America and spare poetic text that emphasizes fry bread in terms of provenance, this volume tells the story of a post-colonial food that is a shared tradition for Native American families all across the North American continent. Includes a recipe and an extensive author note that delves into the social ways, foodways, and politics of America’s 573 recognized tribes.
When Uncle and Windy Girl attend a powwow, Windy watches the dancers and listens to the singers. She eats tasty food and joins family and friends around the campfire. Later, Windy falls asleep under the stars. Uncle’s stories inspire visions in her head: a bowwow powwow, where all the dancers are dogs. In these magical scenes, Windy sees veterans in a Grand Entry, and a visiting drum group, and traditional dancers, grass dancers, and jingle-dress dancers -- all with telltale ears and paws and tails. All celebrating in song and dance. All attesting to the wonder of the powwow.

Jingle Dancer by Cynthia Leitich Smith (2000)
Jenna, a member of the Muscogee, or Creek, Nation, borrows jingles from the dresses of several friends and relatives so that she can perform the jingle dance at the powwow. Includes a note about the jingle dance tradition and its regalia.

The First Strawberries
by Joseph Bruchac (Retold by), Anna Vojtech (Illustrator) (1993)
A quarrel between the first man and the first woman is reconciled when the Sun causes strawberries to grow out of the earth.

On the Trapline by David A. Roberston, Julie Flett (2021)
A boy and Moshom, his grandpa, take a trip together to visit a place of great meaning to Moshom. A trapline is where people hunt and live off the land, and it was where Moshom grew up. As they embark on their northern journey, the child repeatedly asks his grandfather, “Is this your trapline?” This is a heartfelt story about memory, imagination and intergenerational connection that perfectly captures the experience of a young child’s wonder as he is introduced to places and stories that hold meaning for his family.

I Sang You Down from the Stars by Tasha Spillett-Sumner, Michaela Goade (Illustrator) (2021)
A Native American woman describes how she loved her child before it was born and, throughout her pregnancy, gathered a bundle of gifts to welcome the newborn.

Where Wonder Grows by Xelena Gonzalez, Adriana M. Garcia (2022)
From the creators of the award-winning picture book “All Around Us” comes another lyrical intergenerational story exploring our connections to nature, family, and traditions.

My Heart Fills With Happiness / sâkaskinêw nitêh miywêyihtamowin ohci
by Monique Gray Smith, Julie Flett (Illustrator), Mary Cardinal Collins (Translator), Cree Literacy Network (Editor) (2021)
This dual-language picture book for preschoolers, written in English and Plains Cree, celebrates and invites children to reflect on the little things in life that bring them joy.

Thunder Boy Jr. by Sherman Alexie, Yuyi Morales (2016)
Thunder Boy Jr. wants a normal name ... one that’s all his own. Dad is known as Big Thunder, but Little Thunder doesn’t want to share a name.
Books for School-Age Readers

**Stolen Words**
by Melanie Florence, Gabrielle Grimard (2017)

This picture book explores the intergenerational impact of Canada’s residential school system that separated Indigenous children from their families. The story recognizes the pain of those whose culture and language were taken from them, how that pain is passed down and shared through generations, and how healing can also be shared. Stolen Words captures the beautiful, healing relationship between a little girl and her grandfather. When she asks him how to say something in his language - Cree - her grandpa admits that his words were stolen from him when he was a boy. The little girl then sets out to help her grandfather regain his language.

**Jo Jo Makoons: The Used-to-Be Best Friend** by Dawn Quigley, Tara Audibert (2021)

Jo Jo Makoons Azure is a spirited seven-year-old who moves through the world a little differently than anyone else on her Ojibwe reservation.

**We are Grateful: Ostaliheliga** by Traci Sorell, Frane Lessac (2018)

Otsaliheliga is a Cherokee word that is used to express gratitude. Journey through the year with a Cherokee family and their tribal nation as they express thanks for celebrations big and small. A look at modern Native American life as told by a citizen of the Cherokee Nation.

**We Are Still Here!: Native American Truths Everyone Should Know** by Traci Sorell, Frane Lessac (Illustrator) (2021)

A group of Native American kids from different tribes presents twelve historical and contemporary time periods, struggles, and victories to their classmates, each ending with a powerful refrain: we are still here.


When Young Wolf and his older sister wander from their village and face the danger of a prairie fire, their deceased grandmother, now one of the Star People, appears to guide them.

**The Rough-Face Girl** by Rafe Martin, David Shannon (1992)

In this Algonquin Indian version of the Cinderella story, the Rough-Face Girl and her two beautiful but heartless sisters compete for the affections of the Invisible Being.

**She Persisted: Maria Tallchief** by Christine Day, Chelsea Clinton, Alexandra Boiger (Illustrator), Gillian Flint (Illustrator) (2021)

A biography of Maria Tallchief, part of the She Persisted chapter book series.

**Ancestor Approved: Intertribal Stories for Kids** edited by Cynthia Leitich Smith (2021)

Edited by award-winning and bestselling author Cynthia Leitich Smith, this collection of intersecting stories by both new and veteran Native writers bursts with hope, joy, resilience, the strength of community, and Native pride.

**Mary and the Trail of Tears: A Cherokee Removal Survival Story**
by Andrea L. Rogers, Matt Forsyth (Illustrator) (2020)

It is June first and twelve-year-old Mary does not really understand what is happening: she does not understand the hatred and greed of the white men who are forcing her Cherokee family out of their home in New Echota, Georgia, capital of the Cherokee Nation, and trying to steal what few things they are allowed to take with them, she does not understand why a soldier killed her grandfather--and she certainly does not understand how she, her sister, and her mother, are going to survive the 1000 mile trip to the lands west of the Mississippi.
**Books for Middle Grade Readers**

*I Can Make this Promise* by Christine Day (2019)

When twelve-year-old Edie finds letters and photographs in her attic that change everything she thought she knew about her Native American mother’s adoption, she realizes she has a lot to learn about her family’s history and her own identity.

*Race to the Sun* by Rebecca Roanhorse (2020)

Lately, seventh grader Nizhoni Begay has been able to detect monsters, like that man in the fancy suit who was in the bleachers at her basketball game. Turns out he’s Mr. Charles, her dad’s new boss at the oil and gas company, and he’s alarmingly interested in Nizhoni and her brother, Mac, their Navajo heritage, and the legend of the Hero Twins. Nizhoni knows he’s a threat, but her father won’t believe her. When Dad disappears the next day, leaving behind a message that says “Run!”, the siblings and Nizhoni’s best friend, Davery, are thrust into a rescue mission that can only be accomplished with the help of Diné Holy People, all disguised as quirky characters. Their aid will come at a price: the kids must pass a series of trials in which it seems like nature itself is out to kill them. If Nizhoni, Mac, and Davery can reach the House of the Sun, they will be outfitted with what they need to defeat the ancient monsters Mr. Charles has unleashed. But it will take more than weapons for Nizhoni to become the hero she was destined to be. . . . Timeless themes such as the importance of family and respect for the land resonate in this funny, fast-paced, and exciting quest adventure set in the American Southwest.

*In the Footsteps of Crazy Horse*


Teased for his fair coloring, eleven-year-old Jimmy McClean travels with his maternal grandfather, Nyles High Eagle, to learn about his Lakota heritage while visiting places significant in the life of Crazy Horse, the nineteenth-century Lakota leader and warrior, in a tale that weaves the past with the present.

*The Sea in Winter* by Christine Day (2021)

It’s been a hard year for Maisie Cannon, ever since she hurt her leg and could not keep up with her ballet training and auditions. Her blended family is loving and supportive, but Maisie knows that they just can’t understand how hopeless she feels. With everything she’s dealing with, Maisie is not excited for their family midwinter road trip along the coast, near the Makah community where her mother grew up. But soon, Maisie’s anxieties and dark moods start to hurt as much as the pain in her knee. How can she keep pretending to be strong when on the inside she feels as roiling and cold as the ocean?

*The Barren Grounds* by David A. Robertson (2020)

Morgan and Eli, two Indigenous children forced away from their families and communities, are brought together in a foster home in Winnipeg, Manitoba. They each feel disconnected, from their culture and each other, and struggle to fit in at school and at their new home -- until they find a secret place, walled off in an unfinished attic bedroom. A portal opens to another reality, Askí, bringing them onto frozen, barren grounds, where they meet Ochek (Fisher). The only hunter supporting his starving community, Misewa, Ochek welcomes the human children, teaching them traditional ways to survive. But as the need for food becomes desperate, they embark on a dangerous mission. Accompanied by Arik, a sassy Squirrel they catch stealing from the trapline, they try to save Misewa before the icy grip of winter freezes everything—including them.

*Rez Dogs* by Joseph Bruchac (2021)

Twelve-year-old Malian lives with her grandparents on a Wabanaki reservation during the COVID-19 pandemic.
**Books for Teens**

**Notable Native People: 50 Indigenous Leaders, Dreamers, and Changemakers from Past and Present** by Adrienne Keene, Ciara Sana (Illustrator) (2021)

An accessible and educational illustrated book profiling 50 notable American Indian, Alaska Native, and Native Hawaiian people, from NBA star Kyrie Irving of the Standing Rock Lakota to Wilma Mankiller, the first female principal chief of the Cherokee Nation.

**Hearts Unbroken** by Cynthia Leitich Smith (2018)

When Louise Wolfe’s first real boyfriend mocks and disrespects Native people in front of her, she breaks things off and dumps him over e-mail. It’s her senior year, anyway, and she’d rather spend her time with her family and friends and working on the school newspaper. The editors pair her up with Joey Kairouz, the ambitious new photojournalist, and in no time the paper’s staff find themselves with a major story to cover: the school musical director’s inclusive approach to casting The Wizard of Oz has been provoking backlash in their mostly white, middle-class Kansas town. From the newly formed Parents Against Revisionist Theater to anonymous threats, long-held prejudices are being laid bare and hostilities are spreading against teachers, parents, and students? especially the cast members at the center of the controversy, including Lou’s little brother, who’s playing the Tin Man. As tensions mount at school, so does a romance between Lou and Joey, but as she’s learned, “dating while Native” can be difficult. In trying to protect her own heart, will Lou break Joey’s?

**Everything You Wanted to Know About Indians But Were Afraid to Ask: Young Readers Edition** by Anton Treuer (2021)

A book of questions and answers for Native and non-Native young readers alike. Ranging from ‘Why is there such a fuss about nonnative people wearing Indian costumes for Halloween?’ to ‘Why is it called a traditional Indian fry bread taco?’ to ‘What’s it like for Natives who don’t look Native?’ to ‘Why are Indians so often imagined rather than understood?’ and beyond, [this book] does exactly what its title says for young readers.

**Rain Is Not My Indian Name** by Cynthia Leitich Smith (2021)

It’s been six months since Cassidy Rain Berghoff’s best friend, Galen, died, and up until now she has succeeded in shutting herself off from the world. But when controversy arises around Aunt Georgia’s Indian Camp in their mostly white midwestern community, Rain decides to face the outside world again, with a new job photographing the campers for her town’s newspaper. Soon, Rain has to decide how involved she wants to become in Indian Camp. Does she want to keep a professional distance from her fellow Native teens? And, though she is still grieving, will she be able to embrace new friends and new beginnings?

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**A Snake Falls to Earth** by Darcie Little Badger (2021)

Nina is a Lipan girl in our world. She’s always felt there was something more out there. She still believes in the old stories. Oli is a cottonmouth kid, from the land of spirits and monsters. Like all cottonmouths, he’s been cast from home. He’s found a new one on the banks of the bottomless lake. Nina and Oli have no idea the other exists. But a catastrophic event on Earth, and a strange sickness that befalls Oli’s best friend, will drive their worlds together in ways they haven’t been in centuries. And there are some who will kill to keep them apart.

**Apple: (Skin to the Core)** by Eric Gansworth (2020)

The term “Apple” is a slur in Native communities across the country. It’s for someone supposedly “red on the outside, white on the inside.” Eric Gansworth is telling his story in Apple (Skin to the Core). The story of his family, of Onondaga among Tuscaroras, of Native folks everywhere. From the horrible legacy of the government boarding schools, to a boy watching his siblings leave and return and leave again, to a young man fighting to be an artist who balances multiple worlds. Eric shatters that slur and reclaims it in verse and prose and imagery that truly lives up to the word heartbreaking.

**#NotYourPrincess: Voices of Native American Women** edited by Lisa Charleyboy, Mary Beth Leatherdale (2017)

#NotYourPrincess presents an eclectic collection of poems, essays, interviews, and art that combine to express the experience of being a Native woman. Stories of abuse, humiliation, and stereotyping are countered by the voices of passionate women making themselves heard and demanding change. Sometimes angry, often reflective, but always strong, the women in this book will give teen readers insight into the lives of women who, for so long, have been virtually invisible.

**Surviving the City** by Tasha Spillett, Natasha Donovan (2018)

Miikwan and Dez are best friends. Miikwan’s Anishinaabe; Dez is Ininnew. Together, the teens navigate the challenges of growing up in an urban landscape - they’re so close, they even completed their Berry Fast together. However, when Dez’s grandmother becomes too sick, Dez is told she can’t stay with her anymore. With the threat of a group home looming, Dez can’t bring herself to go home and disappears. Miikwan is devastated, and the wound of her missing mother resurfaces. Will Dez’s community find her before it’s too late? Will Miikwan be able to cope if they don’t?
**Elatsoe** by Darcie Little Badger, Rovina Cai (Illustrator) (2020)

Imagine an America very similar to our own. It’s got homework, best friends, and pistachio ice cream. There are some differences. This America has been shaped dramatically by the magic, monsters, knowledge, and legends of its peoples, those Indigenous and those not. Some of these forces are charmingly everyday, like the ability to make an orb of light appear or travel across the world through rings of fungi. But other forces are less charming and should never see the light of day. Seventeen-year-old Elatsoe (“Ellie” for short) lives in this slightly stranger America. She can raise the ghosts of dead animals, a skill passed down through generations of her Lipan Apache family. Her beloved cousin has just been murdered, in a town that wants no prying eyes. But she is going to do more than pry. The picture-perfect facade of Willowbee masks gruesome secrets, and she will rely on her wits, skills, and friends to tear off the mask and protect her family.

**The Marrow Thieves** by Cherie Dimaline (2017)

#Not Your Princess presents an eclectic collection of poems, essays, interviews, and art that combine to express the experience of being a Native woman. Stories of abuse, humiliation, and stereotyping are countered by the voices of passionate women making themselves heard and demanding change. Sometimes angry, often reflective, but always strong, the women in this book will give teen readers insight into the lives of women who, for so long, have been virtually invisible.

**If I Ever Get Out of Here** by Eric Gansworth (2013)

Lewis “Shoe” Blake is used to the joys and difficulties of life on the Tuscarora Indian reservation in 1975: the joking, the Fireball games, the snow blowing through his roof. What he’s not used to is white people being nice to him -- people like George Haddonfield, whose family recently moved to town with the Air Force. As the boys connect through their mutual passion for music, especially the Beatles, Lewis has to lie more and more to hide the reality of his family’s poverty from George. He also has to deal with the vicious Evan Reininger, who makes Lewis the special target of his wrath. But when everyone else is on Evan’s side, how can he be defeated? And if George finds out the truth about Lewis’s home -- will he still be his friend?

**Imaginary Borders** by Xiuhtezcatl Martinez, Ashley Lukashevsky (Illustrator) (2020)

In this personal, moving essay, environmental activist and hip-hop artist Xiuhtezcatl Martinez uses his art and his activism to show that climate change is a human issue that can’t be ignored.

**Firekeeper’s Daughter** by Angeline Boulley (2021)

Daunis, who is part Ojibwe, defers attending the University of Michigan to care for her mother and reluctantly becomes involved in the investigation of a series of drug-related deaths.

**House Made of Dawn** by N. Scott Momaday (2018)

A young Native American, Abel has come home from war to find himself caught between two worlds. The first is the world of his grandfather’s, wedding him to the rhythm of the seasons, the harsh beauty of the land, and the ancient rites and traditions of his people. But the other world—modern, industrial America—pulls at Abel, demanding his loyalty, claiming his soul, and goading him into a destructive, compulsive cycle of depravity and disgust.

**The Night Watchman** by Louise Erdich (2020)

It is 1953. Thomas Wazhushk is the night watchman at the first factory to open near the Turtle Mountain Reservation in rural North Dakota. He is also a prominent Chippewa Council member, trying to understand a new bill that is soon to be put before Congress. The US Government calls it an ‘emancipation’ bill; but it isn’t about freedom - it threatens the rights of Native Americans to their land, their very identity. How can he fight this betrayal? Unlike most of the girls on the reservation, Pixie - ‘Patrice’ - Paranteau has no desire to wear herself down on a husband and kids. She works at the factory, earning barely enough to support her mother and brother, let alone her alcoholic father who sometimes returns home to bully her for money. But Patrice needs every penny to get if she’s ever going to get to Minnesota to find her missing sister Vera.

**Sabrina & Corina: Stories** by Kali Fajardo-Anstine (2020)

A powerful meditation on friendship, mothers and daughters, and the deep-rooted truths of our homelands. Kali Fajardo-Anstine’s magnetic story collection breathes life into her Latina characters of indigenous ancestry and the land they inhabit in the American West. Against the remarkable backdrop of Denver, Colorado - a place that is as fierce as it is exquisite - these women navigate the way they navigate their lives: with caution, grace, and quiet force. In “Sugar Babies,” ancestry and heritage are hidden inside the earth but tend to rise during land disputes. “Any Further West” follows a sex worker and her daughter as they leave their ancestral home in southern Colorado only to find a foreign and hostile land in California. In “Tomi,” a woman leaves prison and finds herself in a gentrified city that is a shadow of the one she remembers from her childhood. And in the title story, “Sabrina & Corina,” a Denver family falls into a cycle of violence against women, coming together only through ritual.
**The Only Good Indians** by Stephen Graham Jones (2020)
Four American Indian men from the Blackfeet Nation, who were childhood friends, find themselves in a desperate struggle for their lives, against an entity that wants to exact revenge upon them for what they did during an elk hunt ten years earlier by killing them, their families, and friends.

**Trail of Lightning** by Rebecca Roanhorse (2018)
While most of the world has drowned beneath the sudden rising waters of a climate apocalypse, Dinétah (formerly the Navajo reservation) has been reborn. The gods and heroes of legend walk the land, but so do monsters. Maggie Hoskie is a Dinétah monster hunter, a supernaturally gifted killer. When a small town needs help finding a missing girl, Maggie is their last best hope. But what Maggie uncovers about the monster is much more terrifying than anything she could imagine. Maggie reluctantly enlists the aid of Kai Arviso, an unconventional medicine man, and together they travel the rez, unraveling clues from ancient legends, trading favors with tricksters, and battling dark witchcraft in a patchwork world of deteriorating technology. As Maggie discovers the truth behind the killings, she will have to confront her past if she wants to survive.

**The Removed** by Brandon Hobson (2021)
Steeped in Cherokee myths and history, a novel about a fractured family reckoning with the tragic death of their son long ago.

**There There** by Tommy Orange (2018)
Jacquie Red Feather is newly sober and trying to make it back to the family she left behind in shame in Oakland. Dene Oxedrene is pulling his life together after his uncle’s death and has come to work the powwow and to honor his uncle’s memory. Edwin Frank has come to find his true father. Bobby Big Medicine has come to drum the Grand Entry. Opal Viola Victoria Bear Shield has come to watch her nephew Orvil Red Feather; Orvil has taught himself Indian dance through YouTube videos, and he has come to the Big Oakland Powwow to dance in public for the very first time. Fierce, angry, funny, groundbreaking—There There is a multi-generational, relentlessly paced story about violence and recovery, hope and loss, identity and power, dislocation and communion, and the beauty and despair woven into the history of a nation and its people.

**History**

**The Chiefs Now in This City: Indians and the Urban Frontier in Early America** by Colin Calloway (2021)
During the years of the Early Republic, prominent Native leaders regularly traveled to American cities--Albany, Boston, Charleston, Philadelphia, Montreal, Quebec, New York, and New Orleans--primarily on diplomatic or trade business, but also from curiosity and adventurousness. They were frequently referred to as “the Chiefs now in this city” during their visits, which were sometimes for extended periods of time. The author gathered together the accounts of these visits and from them created a new narrative of the country’s formative years, redefining what has been understood as the “frontier.”

**Covered with Night: A Story of Murder & Indigenous Justice in Early America** by Nicole Eustace (2021)
An immersive tale of the killing of a Native American man and its far-reaching consequences for Colonial America. In the summer of 1722, on the eve of a conference between the Five Nations of the Iroquois and British-American colonists, two colonial fur traders brutally attacked an Indigenous hunter in colonial Pennsylvania. The crime set the entire mid-Atlantic on edge, with many believing that war was imminent. Frantic efforts to resolve the case created a contest between Native American forms of justice, centered on community, forgiveness, and reparations, and an ideology of harsh reprisal, based on British law, that called for the killers’ execution.

**Native American DNA: Tribal Belonging and the False Promise of Genetic Science** by Kim TallBear (2013)
Because today’s DNA testing seems so compelling and powerful, increasing numbers of Native Americans have begun to believe their own metaphors: “in our blood” is giving way to “in our DNA.” In Native American DNA, Kim TallBear shows how Native American claims to land, resources, and sovereignty that have taken generations to ratify may be seriously-and permanently-undermined.

**Everything You Know About Indians Is Wrong** by Paul Chaat Smith (2009)
In this sweeping work of memoir and commentary, leading cultural critic Paul Chaat Smith illustrates with dry wit and brutal honesty the contradictions of life in “the Indian business.”

**Mythology of the Lenape: guide and texts** by John Bierhorst (1995)
The Heartbeat of Wounded Knee by David Treuer (2019)
The received idea of Native American history—as promulgated by books like Dee Brown’s mega-bestselling 1970 Bury My Heart at Wounded Knee—has been that American Indian history essentially ended with the 1890 massacre at Wounded Knee. Not only did one hundred fifty Sioux die at the hands of the U. S. Cavalry, the sense was, but Native civilization did as well. Growing up Ojibwe on a reservation in Minnesota, training as an anthropologist, and researching Native life past and present for his nonfiction and novels, David Treuer has uncovered a different narrative. Because they did not disappear—and not despite but rather because of their intense struggles to preserve their language, their traditions, their families, and their very existence—the story of American Indians since the end of the nineteenth century to the present is one of unprecedented resourcefulness and reinvention. In The Heartbeat of Wounded Knee, Treuer melds history with reportage and memoir. Tracing the tribes’ distinctive cultures from first contact, he explores how the depredations of each era spawned new modes of survival.

This Land Is Their Land: the Wampanoag Indians, Plymouth Colony, and the Troubled History of Thanksgiving by David J. Silverman (2020)
Ahead of the 400th anniversary of the first Thanksgiving, a new look at the Plymouth colony’s founding events, told for the first time with Wampanoag people at the heart of the story. In March 1621, when Plymouth’s survival was hanging in the balance, the Wampanoag sachem (or chief), Ousamequin (Massasoit), and Plymouth’s governor, John Carver, declared their people’s friendship for each other and a commitment to mutual defense. The treaty remained operative until King Philip’s War in 1675, when 50 years of uneasy peace between the two parties would come to an end.

Crazy Brave by Joy Harjo (2013)
A memoir from the first Native American Poet Laureate of the United States. In this transcendent memoir, grounded in tribal myth and ancestry, music and poetry, Joy Harjo details her journey to becoming a poet. Narrating the complexities of betrayal and love, Crazy Brave is a haunting, visionary memoir about family and the breaking apart necessary in finding a voice.

Poet Warrior by Joy Harjo (2021)
In the second memoir from the first Native American to serve as US poet laureate, Joy Harjo invites us to travel along the heartaches, losses, and humble realizations of her “poet-warrior” road. A musical, kaleidoscopic meditation, Poet Warrior reveals how Harjo came to write poetry of compassion and healing, poetry with the power to unearth the truth and demand justice. Weaving together the voices that shaped her, Harjo listens to stories of ancestors and family, the poetry and music that she first encountered as a child, the teachings of a changing earth, and the poets who paved her way.
Health & Wellness

**Becoming Rooted: One Hundred Days of Reconnecting with Sacred Earth** by Randy Woodley (2022)

Through meditations and ideas for reflection and action, Randy Woodley, an activist, author, scholar, and Cherokee descendant, recognized by the Keetoowah Band, guides us on a one-hundred-day journey to reconnect with the Earth. Woodley invites us to come away from the American dream—otherwise known as an Indigenous nightmare—and get in touch with the water, land, plants, and creatures around us, with the people who lived on that land for thousands of years prior to Europeans’ arrival, and with ourselves. In walking toward the harmony way, we honor balance, wholeness, and connection.

**The Sioux Chef’s Indigenous Kitchen** by Sean Sherman (2017)

Sherman shares his approach to creating boldly-seasoned foods that are vibrant, healthful, at once elegant and easy. Sherman dispels outdated notions of Native American fare -- no fry bread or Indian tacos here -- and no European staples such as wheat flour, dairy products, sugar, and domestic pork and beef. The Sioux Chef’s healthful plates embrace venison and rabbit, river and lake trout, duck and quail, wild turkey, blueberries, sage, sumac, timpsula or wild turnip, plums, purslane, and abundant wildflowers. Contemporary and authentic, his dishes feature cedar braised bison, griddled wild rice cakes, amaranth crackers with smoked white bean paste, three sisters salad, deviled duck eggs, smoked turkey soup, dried meats, roasted corn sorbet, and hazelnut-maple bites.


Drawing attention to the ways in which creative practices are essential to the health, well-being, and healing of Indigenous peoples, The Arts of Indigenous Health and Well-Being addresses the effects of artistic endeavour on the “good life”, or mino-pimatisiwin in Cree, which can be described as the balanced interconnection of physical, emotional, spiritual, and mental well-being. In this interdisciplinary collection, Indigenous knowledges inform an approach to health as a wider set of relations that are central to well-being, wherein artistic expression furthers cultural continuity and resilience, community connection, and kinship to push back against forces of fracture and disruption imposed by colonialism. The need for healing—not only individuals but health systems and practices—is clear, especially as the trauma of colonialism is continually revealed and perpetuated within health systems.

The Widoktadwen philosophy is grounded in the Seven Grandfather Teachings of Nishnabe tradition. The quotes associated with each appear in the National Museum of the American Indian exhibit *The Anishinaabe Universe.*

Widoktadwen Center for Native Knowledge
237 Court Street, Reading, Pennsylvania 19601
widoktadwen@gmail.com | www.widoktadwen.org
Established in 1986 as a federated library system, Berks County Public Libraries includes 19 libraries with 23 locations.

Compiled by Stephanie Williams, deputy administrator/outreach services coordinator for Berks County Public Libraries; Marissa Guidara, district library youth services consultant; and Amanda Funk, co-founder & executive director of Widoktadwen Center for Native Knowledge.